

September 2023

St. Philip Prep

Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
the of Figure 1	Locally Grown Grapes	W _E LCOME back to SC	HOOL	
Passe Day	5	Beef Sliders on Buns with French Fries	7 Pasta with Meatballs & Garlic Bread	8 Pizzeria Pizza
Chicken Nuggets with Smiley Fries OR Falafel Nuggets with Smiley Fries	Mini Pancakes OR Waffles with Pork Sausage	Macaroni & Cheese with a Dinner Roll & Broccoli	14 Cheeseburger on a Bun with Tater Tots	15 Pizzeria Pizza
Chicken & Waffle with Dip	19 Pasta with Meatballs & a Dinner Roll	20 All-Beef Hot Dog on a Bun with French Fries	21 Grilled Cheese Sandwich with Tater Tots	Pizzeria Pizza
25 Popcorn Chicken Bowl with Local Corn on the Cob	26 Chicken Dumplings With Fried Rice	27 Baked Ziti w/ Marinara Sauce & Garlic Bread	French Toast Sticks with Hash Browns & Local Grapes	Pizzeria Pizza

ALSO AVAILABLE DAILY

Bagel & Yogurt Lunch w/ a Cheese Stick Grilled Chicken Caesar Salad w/ a Dinner Roll Hummus Lunch w/ Goldfish Pretzels, String Cheese & a trip to the Farm Stand



Locally Grown Corn on the Cob the the



A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Flavored

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.